

Rejoice OF THE SACRAMENT OF RECONCILIATION GOD HAS REMINDED YOU OF HIS UNENDING LOVE!

RESOLVE TO LEAVE SIN BEHIND AND LIVE IN THE LIGHT!

Resolve





FOLLOW THROUGH WITH PENANCE AND SHARE THE MERCY YOU RECEIVED WITH OTHERS.

"WITH YOUR HELP"

These words in an Act of Contrition remind you that when avoiding sin seems too difficult, you can rely on God by turning to Him in prayer and the Sacraments.

