

**"WITH YOUR HELP".**

These words in an act of contrition remind you that When avoiding sin seems too difficult, you can rely on God by turning to Him in prayer and the Sacraments.



*Rejoice*

THROUGH THE GRACE OF THE SACRAMENT OF RECONCILIATION GOD HAS REMINDED YOU OF HIS UNENDING LOVE!

RESOLVE TO LEAVE SIN BEHIND AND LIVE IN THE LIGHT!

*Resolve*



*Respond*

FOLLOW THROUGH WITH THE PENANCE THE PRIEST GAVE YOU AND SHARE THE MERCY YOU RECEIVED WITH OTHERS.

CONSIDER **THE WORKS OF MERCY** BELOW AND PUT GRACE INTO ACTION!